Wish Upon a Star

This is an exercise that will activate your faith, allow you to dream, and commit you to action.

On this sheet of paper, write a list of things you will accomplish in the future (at least 5).

Once completed, hang this list on a wall, carry it with you, or put it in a memory book.

Remember to review this list daily and start to work every day to make your dreams come true.

Wish upon a star!

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Created by Gary A. McAbee for Motivation for the World www.motivationfortheworld.com